



Housing Transition Choices

Our homes offer us a sense of family, security, comfort and independence. Sometimes housing choices become more complex as we age. This exercise gives you a way to think about options and make choices that preserve what’s most important to you.

Housing Transitions	Best Choice	Second Best
<p>In a situation where My Health prevents me from living safely and independently in my own home due to:</p> <ul style="list-style-type: none"> • Physical disabilities (examples: walking up and down stairs, using the bathtub, reaching into cupboards, etc.) • Cognitive disabilities <p>I would . . .</p>		
<p>In a situation where I can No Longer Drive, I would . . .</p>		
<p>In a situation where My Spouse or Partner is no longer with me (through death, separation or divorce), I would . . .</p>		
<p>In a situation where I am Retired or no longer need to live close to my work, I would . . .</p>		
<p>In a situation where My Family* Moves and no longer lives near me, I would . . .</p> <p><i>*Family may be children, siblings, parents, or just those you care about</i></p>		
<p>In a situation where My Finances will no longer allow me to live in my current residence, I would . . .</p>		

When you have completed the exercise in contingency planning, share it with a trusted friend or family member, or a life planning professional. Talk about the choices you prefer to make and the second best options you would consider in each challenging scenario. Why do you prefer these options? What options would you not consider under any circumstances? Why not? Who might you seek out for guidance if one of these situations actually occurred in your later life?