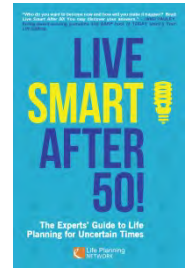


Lifeline Exercise



Common themes in my life:

Some triggers for your memory: education, career, marriage, children, grandchildren, family changes (death, illness, divorce), moves, travel/vacations, mentors/teachers, accomplishments, role of music/art/literature, religious/spiritual experiences, politics, hobbies/sports, financial changes, your health, etc.